

Psychosocial support after the shooting at the Faculty of Arts, Charles University in Prague

PhDr. Simona Hoskovcová, Ph. D.
Head of the crisis intervention group
Police presidium of the Czech Republic



Pomáhat a chránit

Incident

- 21.12.2023 - † 14, 27 injured
- Around 700 people in the building
- Extreme impact on around 9000



PSS coordination provided by the Police

- Activities of 20 organizations
- First week assistance for about 1000 people

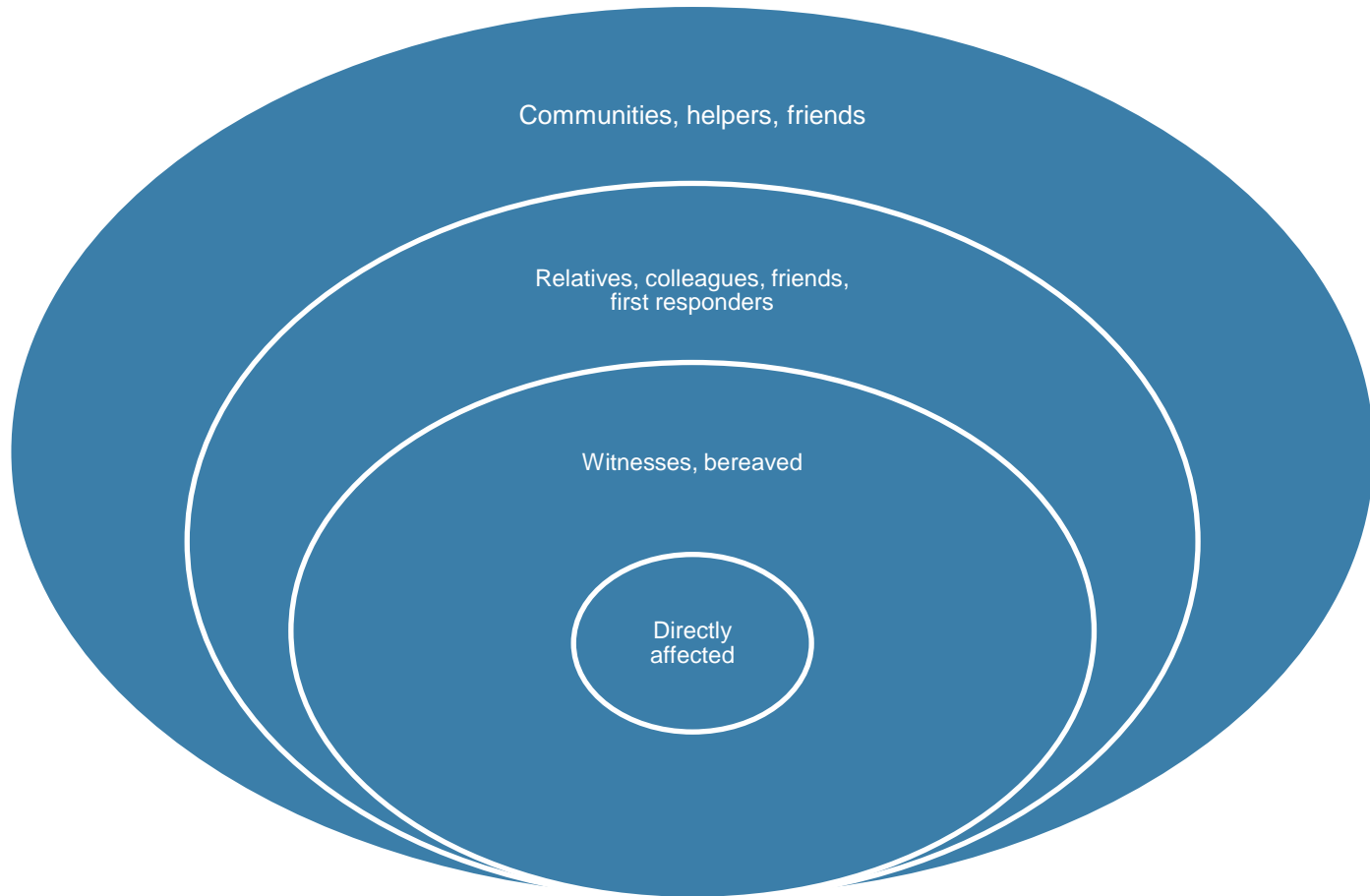


PSS provided by psychologist and interventionists of the Police

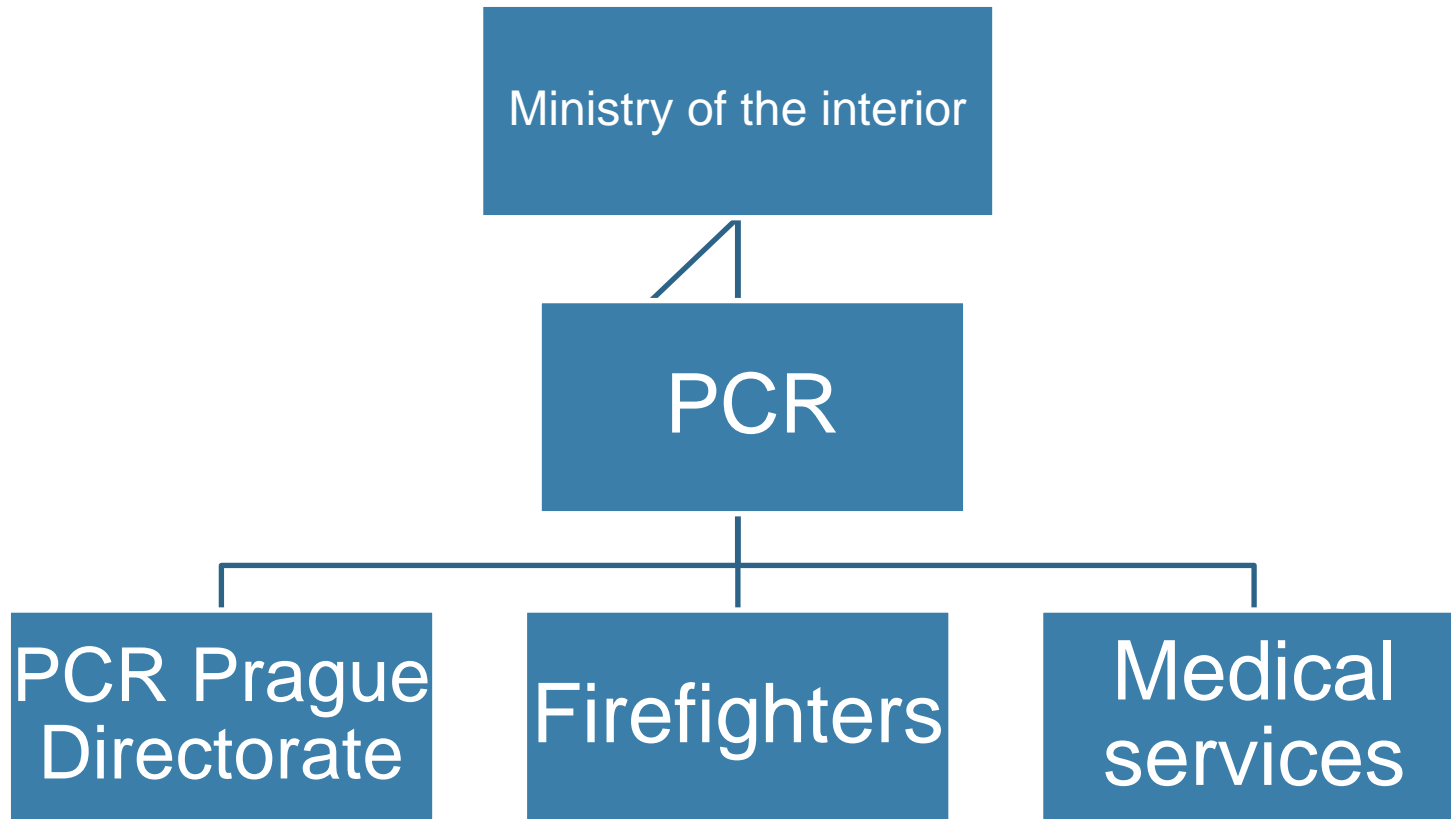
- Total of 43 psychologists and crisis interventionists of the Czech Police involved in psychosocial assistance
- 211 individual crisis interventions to bereaved and victims
- Psychologists and crisis interventionists provided estimated several hundred hours of psychological assistance
- Psychologists provided 11 group meetings and 55 individual interventions for police officers



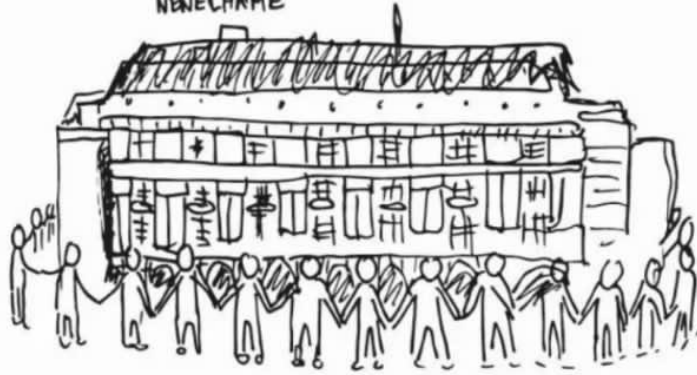
Circles of vulnerability



Simple organisational scheme



FILDO, IKDYŽ JE TO NA NA'S MOC
TAK TĚ OBJI'MÁME
NEMŮŽES ZA TO ŽE TĚ NĚKDO ZRANIL
NENECHÁME TĚ V TOM, SUBJEME
NENECHÁME



NENECHÁME V TOM NIČHO



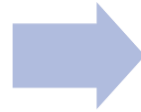
Acute and post-acute phases

- **IZS 1st response and coordination**
+ other partners (UK, NUDZ, ČIPE, ČČK, ČALD...)

- **2-4 weeks**

- crisis intervention, stabilization, mitigation, stress reduction online ACP (NUDZ)

- STABILIZATION, CALMING, SUPPORT, STRUCTURE (solidarity phase)



Medium-term phase

- **UK coordination**
+ other partners (NUDZ, associations, NGOs - e.g. BKB, Injustitia, PSMVDZ... resources from the UK - "Peerko", counselling, etc.)

- **1-3 months approx.**

- Setting up systems, "one stop shop ACP" - "Academic Resilience Centre", online ACP, piety, supporting initiatives, supporting activities, self-help, peer support... creating systems for long term response...

- SETUP, START-UP, SUPPORT (new safety rules, analysis, evaluation...)



Long-term phase

- **UK coordination**
+ other partners (NUDZ, associations, NGOs - e.g. BKB, Injustitia, PMS, PSMVDZ... resources from the UK - "Peerko", counselling, etc.)

- **Until 1 year anniversary and longer...**

- online ACP + physical ACO
- Long-term support, information, strengthening DZ and resilience, learning from the event, anniversary events, survivor support...

- SUPPORT, GROWTH, DEVELOPMENT



