



# International Training School on Core Correctional Skills

2-6 October 2023

## Programme

**Venue:** *Centre for Legal Studies and Specialized Training*  
*Carrer de Pau Claris, 158, 08009*  
*Barcelona, Catalonia – Spain*



**Monday 2<sup>nd</sup> October**

**Room 4.03 - Chair of the day: Prof. Ioan Durnescu**

- 09.30 – 10.00      **Official opening**  
*Dr Encarna Bodelon Gonzalez - Director of the Centre for Legal Studies and Judicial Training, Catalan Government.*  
*Dr Dominika Švarc Pipan - Minister of Justice Slovenia (pre-recorded message)*  
*Ms Iuliana Carbutaru - CEP Vice-President and Probation Inspector for the National Probation Directorate, Ministry of Justice of Romania.*  
*Professor Ioan Durnescu – University of Bucharest, Romania and ITSCCS Course Coordinator.*
- 10.00 – 10.40      **Short introduction of the participants and housekeeping rules.**
- 10.40 – 11.15      **Opening speech - Procedural Justice and Legitimacy: Conditions of Supervision Matter**  
*Prof. Faye Taxman*
- 11.15 – 11.30      **Q & A**
- 11.30 – 12.00      **Coffee break and Networking – Room 4.09**
- 12.00 – 12.45      **How to build up the working alliance with an involuntary client?**  
*Prof. Ioan Durnescu*
- 12.45 – 13.00      **Video Lab – participants will practice the first interviews**
- 13.00 – 13.30      **Pro-social modelling**  
*Prof. Ioan Durnescu*  
*Ms Anna Esquerrà Roqueta*
- 13.30 – 14.30      **Practice micro-skills and feedback in the plenary**
- 14.30 – 15.00      **Lunch (free choice)**
- 15.00 – 19.00      **Free time**
- 19.00 – 20.00      **Reception at Hotel Renaissance – Roof top terrace**  
*C. de Pau Claris, 122, 08009 Barcelona*  
*\*Open bar from 19.00 to 19.30. After 19.30 attendants will be able to continue enjoying the roof top terrace but any order after this time (food or drink) will be borne by each attendant.*

*\*Breakout room: 3.05 \*Interview room: 4.02 \*Meetings room: 4.05*

**Tuesday 3<sup>rd</sup> October**

9.30 – 13.00      **Study visit** – Meeting point: front door of the Centre for Legal Studies.  
*Penitentiary social services - conditional release and post-penitentiary and release follow-up and interventions.*

13.00 – 14.00      **Lunch** (*free choice*)

**Room 4.03 - Chair of the day: Prof. Ioan Durnescu**

14.00 – 15.00      **Trauma, loss and grievance**  
*Prof. Lidjia Arambasic*

15.00 – 16.00      **Open discussion on how to develop trauma-responsive interventions**

16.00 – 16.30      **Coffee break and Networking - Room 4.09**

16.30 – 17.00      *Continuation* **Trauma, loss and grievance**  
*Prof. Lidjia Arambasic*

17.00 – 18.00      **Exercises and discussions on trauma**

18.00 – 19.00      **Feedback and conclusions**

*\*Breakout room: 4.14 \*Interview and meetings room: 4.05*

**Wednesday 4<sup>th</sup> October**

**Room 4.03 - Chair of the day: Prof. Ioan Durnescu**

- 09.30 – 10.30      **Problem solving**  
*Ms Iuliana Carbutaru*
- 10.30 – 11.30      **Video Lab – practising in small groups – problem orientation and problem-solving**
- 11.30 – 12.00      **Coffee break and Networking – Room 4.09**
- 12.00 – 12.30      **Feedback in plenary on problem-solving**
- 12.30 – 13.30      **Motivational interviewing**  
*Ms Laura Negredo*
- 13.30 – 14.30      **Video Lab – practising in small groups – the use of change talk and amplifying discrepancies.**
- 14.30 – 15.30      **Lunch (free choice)**
- 15.30                **Walking tour – Barcelona old town**  
*Meeting point: front door of the Centre for Legal Studies and go together to the starting point of the walking tour.*  
*The tour will last about 2.30h, wear comfortable shoes.*

*\*Breakout room: 3.06 \*Interview room: 4.02 \*Meetings room: 4.05*

**Thursday 5<sup>th</sup> October**

**Room 4.14 - Chair of the day: Prof. Ioan Durnescu**

- 09.30 – 10.30      **Summary of the previous days and feedback from the participants**  
**Ask anything session**  
*Prof. Ioan Durnescu*
- 10.30 – 11.30      **Feedback to the plenary and discussions on Motivational Interviewing**
- 11.30 – 12.00      **Coffee break and Networking – - Room 4.09**
- 12.00 – 13.00      **Cognitive behavioural interventions**  
*Prof. Ioan Durnescu*  
*Mr. Joseph Arvidson*
- 13.00 – 14.00      **Video Lab – practising in small groups based on scenarios**
- 14.00 – 14.30      **Feedback on the plenary and discussions**
- 14.30 – 15.30      **Lunch (free choice)**

*\*Breakout room: 1.02 \*Interview room: 4.02 \*Meetings room: 4.05*

**Friday 6<sup>th</sup> October**



**Room 4.03 - Chair of the day: Prof. Ioan Durnescu**

- 09.30 – 10.00     **Summary of the previous days and feedback from the participants**  
**Ask anything session**  
Prof. Ioan Durnescu
- 10.00 – 10.45     **On the feedback loops. Measuring the quality of the relationship**  
Prof. Ioan Durnescu
- 10.45 – 11.15     **Coffee break and Networking – Room 4.09**
- 11.15 – 12.15     **Integrating all skills into everyday practice. Discussions on how to transfer the new learning into normal working routines**
- 12.15 – 14.00     **Final evaluation of the course and closing ceremony**  
Mr Marc Cerón – Deputy Director Centre for Legal Studies and Judicial Training and CEP Honorary member.  
Ms Marta Ferrer - CEP Vice-President and Deputy Director of Probation, restorative justice and victim support, Catalan Justice Department.  
Professor Ioan Durnescu – University of Bucharest, Romania and ITSCCS Course coordinator.

\*Breakout room: 3.05 \*Interview room: 4.02 \*Meetings room: 4.05



**Speakers and Trainers**

**Keynote speaker**

<p><b>Professor Faye TAXMAN</b></p> 	<p><b>Faye S. TAXMAN, Ph.D.</b>, is a University Professor at George Mason University. A health services criminologist, she is an expert in implementation and intervention sciences where she has conducted various experiments to determine which processes will improve access to treatment and retention, and to formulate and assess new models of probation that is consistent with current evidence-based practices.</p> <p>Taxman is the founding director of the Center for Advancing Correctional Excellence! (ACE!), which conducts collaborative and creative research to bring evidence-based practices and treatment to practitioners and policymakers in the criminal justice and health fields.</p>
<p><b>Trainers</b></p>	
	<p><b>Joseph ARVIDSON, MS</b>, has over 33 years of experience in Corrections. In his current role, he is responsible for strategic planning, program development, and making recommendations on policies, procedures, and services related to the implementation of evidence-based practices for the Ramsey County Community Corrections Department, in Saint Paul, USA. He was the project manager for the development and implementation of that agencies' practice model of supervision (New Model for Probation and Parole: Ramsey County Model, RCCCD, Bogue and O'Connor, 2013).</p>
<p><b>Prof. Joseph ARVIDSON</b></p>	<p>Mr. Arvidson has been an adjunct faculty member at Concordia University and Metropolitan State University since 2000, where he teaches a number of graduate and undergraduate level Criminal Justice courses. He currently serves on the Criminal Justice Advisory Board for Concordia University. He also serves as board member for Volunteers in Corrections.</p> <p>Joseph Arvidson is Executive Director of The Paragon Group, LLC.</p> <p>The Paragon Group strives to promote and advance evidence-based practices in the arena of criminal justice. Their scope of services include speaking engagements, as well as training and consulting as to RNR and desistance-based models. Mr. Arvidson's training and consulting clientele have ranged from Federal Probation to local for profit and non-profit agencies. Mr. Arvidson is the founder of The Criminologist Media Group, serving as producer and host of The Criminologists podcast.</p>

	<p><b>Drd. Iuliana Elena CĂRBUNARU</b> is currently probation inspector in the National Probation Directorate within the Romanian Ministry of Justice ensuring the development and implementation of the international projects and promoting the probation system at the international level. Starting with 2017 she is Board member of the Confederation of European Probation (CEP).</p> <p>As an employee of the probation service for the past 21 years Ms. Cărbunaru has served as probation counsellor, probation inspector and director of probation service.</p> <p>She holds a B.A in Social Work, a M.A in Community Justice Administration and she is currently doing her PhD on penal policy transfers in Europe.</p>
<p><b>Drd. Iuliana Elena CARBUNARU</b></p>	
	<p><b>Prof. Lidija ARAMBAŠIĆ</b>, Ph.D., is psychology professor and supervisor of psychosocial work. Was employed in Department of psychology, Chair of health and clinical psychology, Faculty of humanities and social sciences, Croatia, Zagreb (1982 – 2022). Retired October 2022. Specialist educations: supervision of psychosocial work, trauma psychology, systemic and integrative family therapy, experiential gestalt psychotherapy. Teaches at postgraduate studies (clinical psychology and supervision). Trainer in communication, psychological counselling, stress, psychological crisis intervention, support after trauma and loss. Led educational seminars in Croatia and abroad with participants from the field of social work, police, military, prison, probation, financial and IT sectors, SOS-Kinderdorf, air-traffic control, Croatia airlines, NGOs etc. Has a lot of experience in supporting traumatized and bereaved people and people in crisis (during psychological crisis interventions). Supervisor for experts in the field of clinical psychology, education and social work, for psychologists employed in the military, for air-traffic controllers, people from NGOs etc. Had given 13 invited lectures on congresses and conferences (Croatia and abroad). Published 60-odd scientific and professional articles, from English translated 20-odd psychology books and psychological test manuals. Author of three books on: loss and grieving (516 pp.), psychological crisis intervention (460 pp.), communication process (520 pp.). Winner of 5 Croatian awards for: affirmation of psychology (as leader of the Team for psychological crisis interventions of SPA), especially valuable contribution to applied psychology, especially valuable psychological book of the year (3 awards).</p>
<p><b>Prof. Lidija ARAMBASIĆ</b></p>	



 <p><b>Prof. Dr. Ioan DURNESCU</b></p>	<p><b>Prof. Dr. Ioan DURNESCU</b> is professor at the University of Bucharest, Faculty of Sociology and Social Work. He teaches and conducts research in the area of probation, prison and deradicalization fields. His special interest is comparative probation, reentry and interventions with justice-involved clients. He conducted many training sessions in different countries such as Jordan, Moldova, Spain, Kosovo and so on.</p> <p>Ioan is one of the editors of the Probation in Europe (WOLF) and the Understanding penal practice (Routledge) and the author of Core Correctional Skills. The Training Kit.</p> <p>He is also one of the co-editors the European Journal of Probation, a journal published by the University of Bucharest in partnership with SAGE Publishing. Since 2020, Ioan co-chairs the RAN Rehabilitation Working Group.</p>
 <p><b>Laura NEGREDO</b></p>	<p><b>Laura NEGREDO</b> is the Deputy Assistant Director-General for Open Regime and Alternative Measures in the Ministry of Interior, Spain, since 2018. She has been working in the field of alternative measures for more than 10 years, holding several positions like Technical Advisor and Head of Service. Her main focus has been the introduction of specific intervention programmes for different categories of offenders. For this, she has coordinated the design and implementation of several treatment programmes in the probation context in Spain.</p> <p>In 2016 and 2017 she was the Resident Twinning Adviser of the Twinning Project “Support for further development and strengthening of the Probation Service in Croatia”. From 2021 to 2014, she was research analyst at the Research and Evaluation Center at John Jay College of Criminal Justice (New York City). She is the coauthor of the prison and probation handbook “Intervención y Tratamiento de delincuentes en prisión y medidas alternativas”.</p> <p>She holds a B.A in Psychology (UCM, Madrid), a M.A in Forensic Legal and Clinical Psychology (UCM, Madrid) and a M.A in International Crime and Justice (CUNY, New York). For the latter, she received a La Caixa national competitive fellowship for master degree work in the United States.</p> <p>She is currently member of the Council for Penological Cooperation (PC-CP) Working Group (Council of Europe), member of the Sex Offender Expert Group of CEP (Confederation of European Probation) and member of the Psycho-Legal Unit of the Forensic Sciences and Security Instituto (UAM, Madrid).</p>

	<p><b>Drd. Anna ESQUERRÀ ROQUETA</b> is a Policy and Liaison officer at the Confederation of European Probation and associate professor at the University of Barcelona, Department of Social Work, Social Services and Social Policy. She has a Degree in Social Work, a Degree in Anthropology and a Masters in Ethnographic Research and Intercultural Relationships and specific studies in the Criminal Justice field.</p> <p>She worked in various positions for different organisations including: social educator for mentally disabled people, home care service coordination manager, social worker in a systemic family therapy centre, among others. In 2007 she started working at the Catalan Ministry of Justice in several different positions and areas. When working with juveniles and young adult offenders she was carrying out tasks related to designing, planning and following-up intervention programs, co-ordinating groups of professionals as well as new research analysis for education and treatment plans. These programs were developed from a perspective that integrates different areas within the juvenile justice chain: mediation, assessment, youth probation and educational centres.</p> <p>Since 2012 she has been involved in the international field, taking part of several European projects and coordinating the Criminal Justice Platform Europe. Since 2016 she works at CEP where she is mainly in charge of analysing developments in European probation and related fields, facilitating EU-funded projects (FPA, OG, AG), organize expert group meetings, conferences, and others.</p> <p>Since 2010 she is also working part-time as an associate professor at the University of Barcelona covering subjects related to social intervention with individuals and families, as well as the structure of the Catalan Welfare System. Her main interest are Probation and gender and she is currently doing her PhD on how offenders experience community work in Catalonia.</p>
<p><b>Drd. Anna ESQUERRÀ ROQUETA</b></p>	

<p><b>Partners</b></p>
<p>The Third edition of the International Training School on Core Correctional Skills is organised by the Confederation of European Probation (CEP) and the Centre for Legal Studies and Specialised Training.</p> <p><b>The Centre for Legal Studies and Specialized Training</b> is an autonomous administrative body attached to the Ministry of Justice of the Government of Catalonia. It was created in 1990 and its fundamental mission is to organise initial training and continuous education for the staff working at different units of the Ministry with the aim of ensuring and improving the quality of the services provided. With a view to contributing to this end, another pivotal activity of the centre is to conduct research in the fields of criminology, enforcement of sentences, administration of justice and the Catalonia's own body of laws. Moreover, the centre leads university practicum programmes, is home to a specialised public library, organises exchanges with teaching and research centres at national and international level, and regularly takes an active part in international exchange and innovation projects.</p> <p>More information can be found at <a href="http://cejfe.gencat.cat/ca/inici/">http://cejfe.gencat.cat/ca/inici/</a></p>

**The Confederation of European Probation (CEP)** is an umbrella organisation for Probation institutions in Europe. Founded in 1981, CEP brings together practitioners, managers, academics, stakeholders and others working in the field of probation and criminal justice from all over Europe. The goals of CEP are to enhance the profile of probation and to improve professionalism in this field, on a national and a European level. It promotes pan-European cooperation and exchange of ideas by organising conferences, by making reports available, by publishing its digital newsletter and through its website. In addition, CEP participates in academic projects which compile and study effective policy and practice in probation. It thus endorses the start of a ‘science’ of probation. To European bodies such as the European Union and the Council of Europe, CEP is the spokesperson for the sector of probation, providing expertise and comparative data. CEP is a member-based organisation with 90 members representing 39 EU countries and 42 EU jurisdictions.

More info can be found at [www.cep-probation.org](http://www.cep-probation.org)

#### Additional information

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For urgent issues, please contact Professor Ioan Durnescu: +40729181081, or email: [idurnescu@gmail.com](mailto:idurnescu@gmail.com)