

Collection of good practices/treatment programs

Domestic violence

1 Introduction

The rationale behind developing an overview of perpetrator programmes on domestic violence within the prison and probation service is that the identification of relevant approaches can serve to inspire policymakers and practitioners elsewhere. This mapping is a result of the first expert group meeting on Domestic Violence in 2019. Domestic violence is a problem all over Europe and programmes developed in one EU country might be useful also for another country. There is a clear need for many EU countries to develop methods for dealing with domestic violence cases and perpetrators. The aim of this mapping is to encourage further development and cooperation in this important field. This overview therefore shall not be seen as a blueprint that can be applied anywhere, but rather to encourage innovation and analysis among potential users and beneficiaries. This collection aims further at bringing together policymakers, practitioners, beneficiaries and other experts that face similar challenges.

The aim of this specific format is to collect information about perpetrator programs and practices in the area of treatment of domestic violence offenders.

Guidance template (Please fill in one template for each programme that you deliver.)

	Explanation
Name of the perpetrator programme	MOVE – Programme Name MOVE means motivations to investigate own violence behavior and to talk about violence in close relationships.
Owner/developer	Who is the owner of the programme? Who has developed the

Year	<p>programme? Started which year? The programme is developed by Liisa Riittinen, Eija Liimatta from Criminal Sanctions Agency Finland and Jarmo Ramo Violar y (NCO in Finland). Programming has begun in 2001 as a project. Move program has been implemented in one prison in Finland. Program is admitted as a good practise in Criminal Sanction Agency in Finland 2019.</p>
Geographical scope	<p>In which country/countries or region(s) within the country is the programme currently applied? Prisons and few Probation offices in Finland.</p>
Key features of the perpetrator programme	<p>Briefly describe the key elements of the treatment in order for an outsider to understand what it is about, without going into too many details. The purpose of the program is to help the individual identify the violent behavior in the relationship and its consequences, encourage them to talk about it and seek help. The program also provides information on treatment options. Another goal is to make personal follow-up plans. Note that the program is a screening and motivational non-evaluative tool.</p> <p>Please also include the following elements:</p> <ul style="list-style-type: none"> • Describe the problem that was addressed by the treatment • Domestic Violence. • Describe who delivers the programme (internal staff, external programme provider) • Internal staff. • Describe the /module (not too much detail) • Describe the resources (human/financial/equipment/IT/other) needed for running or setting up the training practice.
Risk assessment	<p>What type of risk assessment is used for the programme? The RNR – Assessment.</p>
Target group	<p>What risk levels does the programme address? Is the programme voluntary or mandatory? Is the programme gender inclusive? Does it include all forms of domestic violence? The program is voluntary and offered every inmate (male and female) who has violent behavior in close relationships. Program includes all forms of domestic violence.</p>
Theory/Methodology used	<p>What is the theoretical background? What are the key underlying principles? Behavioural theories, sociology, pedagogy, psychology, of the treatment programme Program is based on Cognitive Behavioral theory and Social Learning theory. Program is also based on the idea that person can learn to control his/ hers own violent behavior and that the perpetrator is responsible for his or her own violent behavior. Perspectives have been complemented by approaches to narrative therapy and solution oriented therapy.</p>

Individual or group programme	Is the programme delivered to a group, one to-one or combined? Individual.
Duration of the perpetrator programme	Describe the length and intensity of the programme Part A last for three sessions a' 60 to 90 minutes per sessions. First meeting is getting to know each other, second meeting is mapping violent behavior and third meeting is motivation for change. Part B last five sessions 90 minutes each meeting. <ol style="list-style-type: none"> 1. equal and reciprocal partnership 2. barriers and challenges to equal and reciprocal partnerships 3. domestic violence 4. the consequences of intimate partner violence dealing with intimate partner violence Does the risk level effect the duration? No.
Victims safety	What type of methods and cooperation with other stakeholders are used to safeguard victims and children? Outside Prison in municipalities Social Services are responsible for supporting victims. Voluntary organizations also receive contributions from the state to support victims of domestic violence.
Monitoring and training	Describe the support system for the programme facilitators Basic level of education, basic training, monitoring, specialised training, follow-ups? The training follows a two- step process. The first step consists of a three day training period. The second step consists of a two day training period, two months after the first one. The second step of the training is for facilitators who has started program whit clients and are working with their cases. During working with this program facilitators have support from other facilitators in regular basis. Personal aptitude for violence work is important. Attitudes and interaction skills.
Evaluation	Is the perpetrator programme evaluated? By who? Internally or externally? Main findings on the effectiveness and relevance? Is the effect evaluated by a long term recidivism evaluation or short term treatment results? Is the evaluation published? The program is evaluated in Criminal Sanctions Agency by a scientific panel 2019.
Transferability	Is the perpetrator programme suitable for other countries or for other sectors? What is the language origin of manuals? Is the programme translated to other languages? Are there any obstacles that prevent it being used by others? The manuals are written in Finnish. The programme, in this form, has not been tested outside in Finland.
Digitalisation	Does the programme include any digital tools for example VR, e-learning, video conferences etc.? No.
Volume	How many programmes are delivered so far? Number of perpetrators yearly? Program training has been increased over the years 2018 -2019. So far about 50 inmates have completed the programme so far.

Lessons learnt	<p>What were the key lessons learnt when setting up and running this? What went well? What went less well?</p> <p>Speaking out about domestic violence and motivating them to take responsibility for their own behavior has been considered a good thing.</p> <p>Individual work is rewarding and important. Group work would bring more perspectives and enable sharing among others.</p>
Current status	<p>Is the programme under more development? Is it replacing older programmes? Is the programme a short term project or running with long term financing?</p> <p>The program has been in use outside prison for a long time. The program has been developed past two years to respond to criminal convictions in prisons. The new manual will be completed by the end of 2019.</p>
Other initiatives on Domestic violence?	<p>Are there any other initiatives/interventions that support the programme? Treatment for substance misuse? Treatment for mental health issues? Other supportive initiatives?</p> <p>Close cooperation with social services, addiction care, psychiatry, employment service etc. when needed.</p>
Contact details	<p>Who can be contacted for more information about the treatment programme?</p> <p>Psychologist Liisa Riittinen Criminal Sanctions Agency</p> <p>Senior Specialist Tuija Muurinen Criminal Sanctions Agency</p> <p>Jarmo Rame, Violarry (NCO in Finland)</p> <p>Jonna Brand, Violarry (NCO in Finland)</p>

~~Please attach available folders, summaries or other documents that gives a brief overview of the programme.~~

~~A summary and a list with the names of the programs will be published on the CEP and EuroPris websites.~~

~~I agree to have my name and details included in the participants' list. Personal information will only be used for the expert group purposes and for the creation of a professional network.~~