



**CEP AWARDS 2019 - EXAMPLE NOMINATION
(2016 awarded project)**

Nomination <i>Name of the organisation, project or research being nominated.</i>	RESETTLE
Award Category	Public Protection

1. Description of work being nominated (max 500 words)

Resettle is a partnership between the National Probation Service, Merseyside Police force and the local mental health Trust, which works intensively with male offenders diagnosed with personality disorder on their release from prison.

The overall aim of the project is to enhance public protection and risk reduction by engaging and working productively with a "hard to reach" group of men, many of whom have struggled to abide by licence conditions, spent significant periods in segregation and on release are likely to be recalled back to custody.

All project male offenders have complex, social and psychological needs and are at high risk of further offending. Typically they will have served long prison sentences, having committed serious violent or sexual offences. They have a high level of interpersonal and social difficulties associated with personality disorder diagnosis.

The project has been operational since 2008 and has consistently demonstrated that it is possible to engage, safely manage and enhance the wellbeing and social integration of people with complex needs and risks.

The service model emphasises the need for the development of safe, supportive and optimistic relationships which give the men a sense of their own ability to desist from offending and live fulfilling lives. Risk management is done alongside therapeutic work in the firm belief that these are equally important.

Work with the men starts at least 6 months prior to their release from prison with a focus on relationship building, developing a personalised risk management and intervention plan to best meet their needs and mutually agreed goals. Once a participant agrees to come to the project, their attendance becomes a condition of their licence.

The project adopts a "through the gate" service. Participants are picked up from the prison gate on release and are offered a high level of support offered. They attend the project up to 4 days per week, during which they participate in group work, individual key work sessions and activities to support their social integration and steps to independent living.



The project creates a strong sense of community which encourages the men to comply with their licences. They are encouraged and supported to take on new roles including participating in communal cooking of lunches, describing the project to visitors and looking after the garden.

The project is funded to work with 20 men in the community and a further 25 in custody at any one time. The men attend for up to two years. Risk management and responsivity is enhanced through an out of hour's crisis line. Since the commencement of the project we have received over 200 referrals and have worked with 68 participants.

2. Why does this work deserve an award? (Max 500 words)

Describe how the work meets the criteria for the award outlined in the guidelines.

The Resettle Team works to bring change to an individual's life and, most importantly, to effectively manage risk. The keyworker team comprises the offender manager and a health worker who work jointly to develop and deliver the plan.

At a recent parole hearing, the Chair of the parole panel commented that the Parole Board were generally prepared to support release for men who had a recommendation to attend Resettle as part of their licence conditions. The panel commented on the good work of the staff team in providing a holistic service with of effective risk management and good quality wrap around service provisions.

The staff team have a high level of commitment to meaningful service user involvement. This includes Resettle clients being involved in staff recruitment, providing feedback to Commissioners and participating in service user surveys. As a result, the project has been accredited as an 'Enabling Environment' by the Royal College of Psychiatry.

Following the success of Resettle as a pilot project within Merseyside, it has been rolled out as a North West National Probation Service resource. More recently the Intensive Intervention Risk Management Service model, based on Resettle, has been rolled out nationally, with staff from the project asked to support the new projects.

Resettle has been independently evaluated by a randomised control trial which was completed in 2013. This lent the support to the level of intensity of the service delivery model, confirming that the population the project works with have a high level of need, risk and complex mental health difficulties. The research found a significant difference in the rate of self-reported offending between those who attended Resettle, those in the control group (i.e those attending normal probation supervision). The Resettle group reported significantly lower rates of further offending.

3. Optional: supporting evidence