Accreditation of Behavioural Programmes in Sweden

Martin Lardén
Head of Central Coordination in Treatment
Swedish Prison & Probation Service
Population: 9.5 million

Prison: 4667 each day (2009)

Probation: 14,244 each day (2009)
Introducing the Accreditation Panel

- The Swedish prison & probation Service (SPPS)
- The Director General of the SPPS
- Part of the “What Works” agenda
- Inspired by England & Wales
- Independent regarding decision
Purpose of Accreditation

- To create a basis of programmes for the Swedish Prison & Probation Service, that is directed to a majority of the clients and that is built on the principles of "What Works".

- An accredited programme is a programme that is based on research and that is expected to reduce recidivism, if correctly administered.
Accreditation criteria

1. Research-based Model of Change
2. Target Group & Allocation of Offenders
3. Focus on Dynamic Risk Factors
4. Effective Methods
5. Skill Orientation
6. Engagement & Motivation
7. Intensity & Duration
8. Ecological Validity
9. Programme Integrity
10. On-going Evaluation
The Panel December 2011

- Prof. Emeritus. Lennart Melin, Uppsala
- Prof. Odd Lindberg, Örebro
- Prof. Mats Fridell, Växjö
- Prof. Emeritus. Bengt-Åke Armelius
- Prof. Britt af Klinteberg
- Ass. Prof. Marianne Kristiansson, KI
- Prof. Jerzy Sarnecki, Stockholm
- Martin Lardén, SPPS, Chair
- Anders Claus, SPPS, Secretary
- Lars Krantz, SPPS
Accreditation of Programmes

2003 2004 2005 2006 2007 2008 2009 2010

2003 2004 2005 2006 2007 2008 2009 2010

VINN
VPP
NSAP

PfL
RP
12-step
ROS-Ind

PRISM
ETS

BSF
ROS
IDAP

OSAPP
BC
ART

OTO
CS
Completed programmes in probation & prisons 2007-2011
Frivård; Uppdrag och antal fullföljda per program 2008 - 2011
Started & completed programmes in probation 2009-2011

- **2009**: 80%
- **2010**: 84%
- **2011**: 83%
Results completers

- PRISM
- IDAP
- OTO
- 12-STEP
- ROS
- OSAPP
- ETS
- BC
- ART
I think the trainer/s were good

Andel (%) of agreement with the statement for different categories.
Organisational Culture
Program implementation
Management/staff
Risk-Need management
Program characteristics
Core Correctional Practice
External co-operation
Evaluation
The End

martin.larden@kriminalvarden.se
Positive experiences

- High status of accreditation & the panel
- Focus on integrity & implementation issues
- Improved quantity & quality of programmes