

# S P O R E

## Sustaining Probation Officers' Resilience in Europe



Project SPORE is developed to address issue of wellness of probation officers in Europe recognizing that effectiveness of probation work is closely related to staff capacity and personal suitability for the complex work they do.

The project meets the need to recognize the examples of good practice in probation agencies, to strengthen the resources and support mechanisms of the institutions to keep the resilience and wellness of employees and avert burnout, stress and trauma.

Project activities are designed to promote the mutual cooperation and share experience for developing and sustaining probation officers resilience in Europe.

### Results:

- Increased knowledge on resilience recognition and significance in probation, its impact on the probation work;
- Increased knowledge on resilience practice assessment and identification of risk factors;
- Different approaches catalogued and promising approaches identified in order to develop and sustain resilience, while averting the negative outcomes in probation in Europe;
- Improved cooperation, communication and learning within different EU member states in the field of sustaining staff resilience;
- Strengthened capacity of probation agencies in sustaining and promoting the quality of staff resilience support tools;
- Contribution to the Specific Programme Criminal Justice 2007-2013, namely - improving mutual knowledge and exchanging best practice.

### Outputs:

- Research reports from local studies in four European countries on staff resilience and the factors influencing it;
- Methodology as a tool for the evaluation of staff resilience in probation agencies;
- Summary – final report on staff resilience and the factors influencing it with identified promising approaches providing development and sustainability of resilience while averting the negative outcomes in probation in Europe;
- Transnational conference and focus group discussions ;
- Problem-solving models for averting negative outcome – pilot schemes / action plans in each partner country;
- Project web page and publications / articles in relevant websites and newsletters.

### Project Leader

State Probation Service of Latvia

### Project co-beneficiaries:

- Viru Prison (Estonia)
- CEP, European Probation Network (Netherlands)
- Avans University (Netherlands)
- University of York (United Kingdom)
- Fund IGA (Bulgaria)

### Financing:

80% SPECIFIC PROGRAMME "Criminal JUSTICE" 2007-2013

20% Project beneficiaries

### Timeline:

March 2012 – September 2013

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