

Is Virtual Reality the ultimate empathy machine?

Empathy

The ability to understand
and
share the feelings of someone else.



How can we increase empathy?

- Ask ('Suppose it would be you who...')
- Reverse roles
- Reason from opposite point of view
- Virtual Reality



FutureU

DO SOMETHING
TODAY
THAT YOUR
FUTURE SELF
WILL THANK YOU FOR.





"I don't give a shit about tomorrow, today is important. Maybe there is no tomorrow, I could die tomorrow. You must always get what you want, now, now. Next week is like the next century. Fuck next week, fuck tomorrow. "(B.E. 23 years old)



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*(Van Gelder et al., Psychological Science, 2013;
Van Gelder et al., Criminology, 2015)*



(Van Gelder et al., Psychological Science, 2013)



'Don't forget about me'



Reactions perpetrators of intimate partner violence

"They were still sleeping", "It did not last that long",

"My children behave in the same way as they did before", "They are too young" ...

VR simulation 'Don't forget about me...'





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