

# What's in it for you?

Pauline Crowe, OBE  
Chief Executive  
Prisoners Abroad



# Prisoners Abroad

UK charity working with British citizens in prison overseas, their families and when they return to the UK.

Founded in 1978

28 staff = 24 full time equiv.

£1.7 million income (70% donations, 30% government funding)



# What's in it for you?

We support:

- Improved well-being
- Improved mental health
- Preparation for release
- Public protection
- Resettlement support

# What we do .....

- Provide knowledgeable and specialist intervention
- Find creative and innovative approaches to engage with the most excluded
- Help and support subsidised by charitable funding

# During the sentence

- Reduce isolation and improve mental health
- Reduce stress and improve well-being
- Regular contact with Prisoners Abroad
- Language materials
- Caseworkers to answer questions
- Free post envelopes



# Reducing isolation and improving mental health

- Enable contact with family
- Support family members directly
- Help to arrange visits
- Booklets – looking after yourself in prison
- Books, magazines, puzzle books, newspapers

# Preparing for release

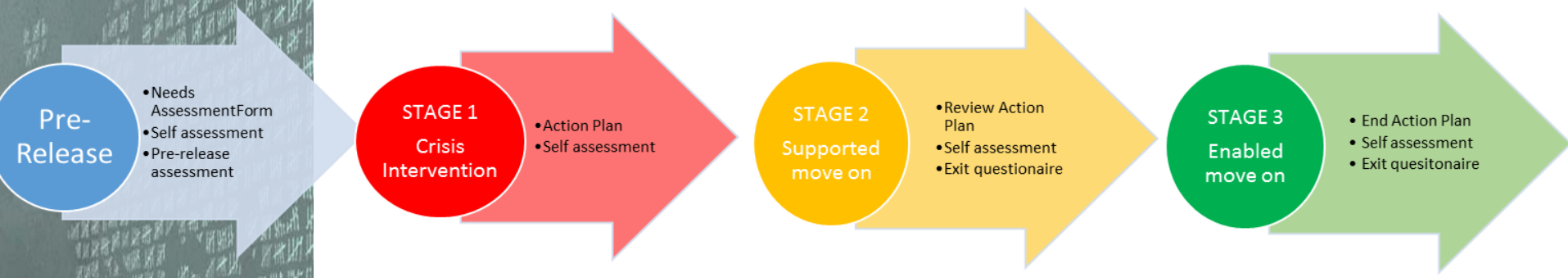
- Focused planning for return
- What to bring with them
- Local information and news
- Accommodation
- Health
- Identification
- Employment
- Rebuild magazine

# Public protection

- Identify risk – gathering information
- Ensure liaison with authorities
- Ensure accommodation, transport, food, clothes
- London-based and also outside London (long arm)



# Direct Resettlement Pathway



- Needs Assessment Form
- Self assessment
- Pre-release assessment

## STAGE 1 Crisis Intervention

- Action Plan
- Self assessment

## STAGE 2 Supported move on

- Review Action Plan
- Self assessment
- Exit questionnaire

## STAGE 3 Enabled move on

- End Action Plan
- Self assessment
- Exit questionnaire

### Pre Release

Up to 6 months prior to return

Rebuild Magazine  
Coming Home Handbook  
General RS advice  
Multi agency working  
HTC  
FCO  
Jigsaw

### Stage 1 Crisis Intervention 0-3 months

RS 1:1 Advice  
Benefits application support  
Health/ Substance misuse/ referrals  
Emergency accommodation  
General housing advice  
Induction session  
Passport application  
Credit union  
Essential items provided  
Mobile phone  
Basic Items provision  
Resettlement Support group  
Employment Skills  
Resettlement Induction Pack  
Referrals to Housing  
Housing surgeries

### Stage 2 Supported Move On 3-6 Months

Tenancy Support Letter & Move in Card  
ETE Referrals  
Local service provision awareness and referrals  
New GP  
Ensure Log on to RS forum

### Stage 3 Enabled Move On 6 – 12 months

RS Rebuild support group  
Extension of Social networks  
Sustaining community support

# Long-arm Resettlement Pathway

Pre-Release

- Needs AssessmentForm
- Self assessment
- Pre-release assessment

STAGE 1  
Supported Move on

- Self assessment
- Exit Questionnaire

STAGE 2  
Enabled move on

- Self assessment
- Exit Questionnaire

**Pre Release**  
Up to 6 months prior to return

Rebuild Magazine  
Coming Home Handbook  
General RS advice  
Multi agency working  
HTC  
FCO  
Jigsaw

**Stage 1**  
Supported move-on  
0-3months

RS 1:1 Advice  
Benefits application support  
Health/ Substance misuse signposting  
General housing advice  
Resettlement Induction Pack  
Referrals to Housing

**Stage 2**  
Enabled Move On  
3-6 Months

ETE Referrals  
Local service provision awareness and signposting  
GP  
Ensure Log on to RS forum

## What's in it for you?

“Thank you for all of your help through these testing times; with your help I have realised just because I've hit rock bottom doesn't mean I have to stay here. You gave me inspiration when I considered giving up. Your support saved my life”